

LONGEVITY GERMANY

---

*Recognized as a Longevity Spot by Longevity Germany —  
a circle of places that nourish longer, fuller lives.*

# VRÜH - All Day Breakfast

FEATURED ON LONGEVITY GERMANY



*Restaurants & Cafés · February 2026*

*Maurice Lichtenberg*

---

CO-FOUNDER



verify

*Laura Pezza*

---

CO-FOUNDER